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THE IGNACIANO

Official Newsletter of the Loyola Institute for Spirituality

Letter from the Director

Dear Friends,

How revolutionary would it be if we honored Christ in each other by demonstrating attention, and reverence throughout Advent (and beyond)? What better season to give a simple gift of attention to someone.

While we are waiting, let's look for Christ in others. During conversations, focus on the person's face and actively listen to what is being said. Let's repeat back what we hear and pray for the desire to see other people as made in the image and likeness of God. Finally, let's ask God to remove personal biases, fears or presumptions that surface so reverent acceptance can be extended to everyone. As we generously engage with whomever is sent to us, let's look, listen and watch for God's presence in it all.

May we practice these acts of generosity for God's greater glory, knowing that whatever we do for God will last!

Your sister in Christ,



Lori

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Associates Spotlight

MIKE TRUJILLO

How did you first hear about LIS and Ignatian spirituality?

I first heard about LIS from a friend of mine, Fr. Chi Ngo, SJ, who was working there many years ago. One day he invited me for a tour of the facility. The experience was a nice reconnection to my roots in Ignatian spirituality which had begun (unbeknownst to me), as a student at Loyola High School in Los Angeles. The Jesuits have a way of getting under your skin and into your heart! In my twenties, I considered a vocation to Jesuit priesthood, and after some time at their Novitiate discerned that God was calling me elsewhere. Fast forward several years, and sometime after that visit with Fr. Chi, I began the Ignatian Spiritual Formation Program at LIS.



What is your current occupation?

I work at Houdini, Inc., going on 28 years. I oversee the annual production of five to six million gift baskets that are merchandised at Costco, Sam's Club, and Wine Country Gift Baskets catalog.

Is there a ministry or organization that you affiliate with and why?

At LIS I am on the Board of Directors and chair the Program Committee. I feel called to companion with others in LIS's offering of the 19th Annotation of the Spiritual Exercises. I have been involved in this ministry for seven or eight years and am continually amazed by the graces God delivers to both retreatant and companion in this retreat.

How has Ignatian spirituality impacted your relationships with God, self, and others?

Ignatian spirituality continues to be the foundation upon which I build my relationship with God. So many aspects resonate with me on a pragmatic basis. "Finding God in all things" and continually "becoming the person God created me to be" are just two examples. Using the Examen and discernment to consider how I am moving towards or away from those ideals makes sense to me. I find the ongoing conversation with God from this perspective to be deeply consoling, always life-giving, hardly ever boring, and at different times difficult, challenging, painful, fun and funny! Continuing to draw from the well of God's love and grace really does end up being just "enough for me."

What are your hobbies?

I love spending time with my five siblings, 91 year old mom and dad, and a nice group of long time friends. My life is enriched and made whole by my spouse of 26 years. I refresh my spirit while working in my garden, cooking, practicing yoga, swimming, and reading. I enjoy time away on a boat to Catalina Island and at vacation get-aways in Palm Springs.

Associates Spotlight cont'd...

ANTONIO FLORES

How did you first hear about LIS and Ignatian spirituality?

I got to know it through a prayer group in the city of Colton. I was so attracted to being part of the Institute, which I thought was a long way from being able to be there. Thanks to the invitation of my pastor I was able to take the three years of the Ignatian Spiritual Formation Program.



What is your current occupation?

I work in the deli meat department at Midway Market in San Bernardino City where I have been working for 19 years.

Is there a ministry or organization you affiliate with and why?

I belong to the Lector's Ministry, and I am a second year CMFP (Theological Formation Program) student in the Diocese of San Bernardino. I am also currently serving as a spiritual companion for the Loyola Institute retreatants.

How has Ignatian spirituality impacted your relationship with God, self, and others?

It has taught me to know my fears, to control my emotions, my movements, disordered affections, but above all to live a life of discernment in my daily life by listening to the voices of the good spirit and the bad spirit as St. Ignatius defines it. And always encountering Jesus through others, including contemplating his creation and practicing silent prayer.

What is your favorite book, podcast or movie?

My favorite movie is The Gladiator.

What are your hobbies?

Going to the gym, attending Blessed Sacrament and riding my ATV in the mountains.

Ignatian Corner

"From the time of Ignatius to the present day, Jesuits have prayed the Scriptures. Their hearts...have been set on fire, and they have shared their insights and questions with their companions and friends," writes Fr. Michael G. Harter, S.J., editor of the book *Hearts on Fire: Praying with Jesuits*. First published in 1993 by the Institute of Jesuit Sources in St. Louis, Missouri (now located at Boston College), this modern spiritual classic has gone through many reprintings and would later be published in a beautiful edition from Loyola Press in Chicago, Illinois. *Hearts on Fire* offers a rich collection of 117 prayers, written by some 40 different Jesuits from across the long four and a half century-plus history of the Society of Jesus. The book is also available in Spanish from the Institute of Jesuit Sources as *Corazones ardientes: Orando con los jesuitas*, translated by Adalberto Urbina Briceño.



The Camino to Santiago

The LMU Center for Religion and Spirituality and LIS invite you to walk the historic Camino de Santiago (Way of Saint James) in Spain. Created and established after the discovery of the relics of Saint James the Great at the beginning of the ninth century, the Way of St James became, and remains today, a major pilgrimage route of Christianity. The pilgrimage is a total nine days and eight nights with a six-day walk through scenic and historic parts of the Spanish region of Galicia. A group of no more than 25 pilgrims will form a community eager for spiritual conversation, conviviality, inspirational reflections, and daily Mass for those wishing to attend. The adventure is set to begin on June 23, 2023. For more details, itinerary, fees, and the possibility of up to \$250 in discounts, please visit:

<https://crs.lmu.edu/programs/journeys/camino/>.



LA Religious Ed Congress 2023

LIS is happy to announce our return in person to the Religious Education Congress in Anaheim, CA.

We will offer more information as the date nears. In the meantime, make sure it's on your calendar: February 24-26, 2023.

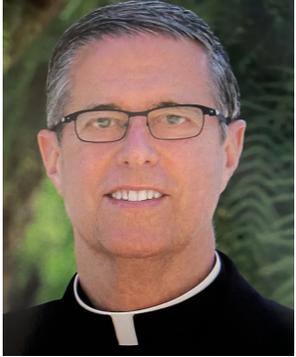


End of Year Giving

For 25 years, LIS has made it its mission to share the gifts of St. Ignatius of Loyola that were developed and experienced in his own spiritual journey and transformation. And in the same spirit of Ignatius, LIS makes Ignatian spirituality accessible and affordable to all. One morning, one workshop, one course at a time, LIS has served thousands in their pursuit of spiritual growth, engagement, and development. As we reflect on the year behind us, your donations allow us to remain focused on the work ahead of us. Please consider LIS as you plan your end of year giving. To make your donation and learn more about our accomplishments, please visit www.loyolainstitute.org/donate.

Hearts on Fire 2023

Loyola Institute is proud to announce the recipients of awards at this year's Hearts on Fire event in May. They are:



Msgr. John Stoeger
Hearts on Fire Award

Born in Redondo Beach, California, Msgr. Stoeger was ordained a diocesan priest for the Archdiocese of Los Angeles with his brother Bill, a Jesuit, in 1972. He entered the Jesuit Novitiate in 1979 and returned to the archdiocese in 1981, right before taking vows.

He served as associate pastor at parishes and spiritual director at St. John's Seminary for 18 years. In 2005, he was appointed director of the Cardinal Manning House of Prayer for Priests where he accompanied priests and bishops on their human and spiritual journeys. Blessed by the gift of Ignatian spirituality, it is his passion to assist others in encountering Jesus in all aspects of their lives, deepening their relationship with him and inviting them to meet him in others.



Becky Eldredge
Writer's Award in Spirituality

Becky Eldredge is a writer and spiritual director in Baton Rouge, LA. The author of *Busy Lives & Restless Souls* and *The Inner Chapel*, Becky holds both a bachelor and masters degree in Education from Louisiana State University and a masters in Pastoral Studies from Loyola University New Orleans.

She has her Certificate in Spiritual Direction from Spring Hill College. Becky has been involved in ministry for more than 15 years, with the majority of her work in retreat ministry and adult faith formation.

SAVE THE DATE: Thursday, May 4, 2023
Summit House, Fullerton, CA

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@loyolainstituteforspirituality

