LOYOLA INSTITUTE FOR SPIRITUALITY

SETTING CAPTIVES FREE

Racism and God's Liberating Grace

"He has sent me to proclaim liberty to captives..." Luke 4:18



AN IGNATIAN SPIRITUALITY RETREAT

A six-week journey of exploration in how we are each made in the image and likeness of God, and how racism and social structures distort this fact.

Through personal prayer, reflection, and small-group conversation, participants will be invited to:

- encounter God's unconditional love and deepen their awareness of the inherent dignity and belovedness of every person.
- reflect on personal assumptions and perspectives that shape how we see and respond to ourselves and others.
- explore how our attitudes, beliefs, and everyday choices can shape the experiences of those around us and contribute to broader social practices and structures.
- consider how we are called to reconcile and transform within ourselves, in our relationships, and in the world around us.

WHEN:
Mondays: February 8 & 22;
March 1, 8, 15 & 22, 2027

TIME & FORMAT:
3:00–4:30 p.m. (PT)
Online via Zoom

COST:
$80 per person
Scholarships available

A COMMITMENT TO PRAYER

Participants are asked to set aside 30 minutes for daily prayer for five weeks. The group will gather weekly for 90 minutes with an experienced facilitator.

A SPACE FOR HONEST REFLECTION

This retreat may bring up difficult or uncomfortable experiences and feelings. Participants are invited to share only what feels safe in the small group and/or privately with a trusted confidante or spiritual director.

LEARN MORE & REGISTER
Visit loyolainstitute.org/setting-captives-free