

**Loyola Institute for Spirituality  
434 S. Batavia Street  
Orange, CA 92868-3907  
Ignatian Spiritual Formation Program 2017-2018**

**Course 3: History of Christian Spirituality (January 4 - February 8, 2018): 7:00 pm - 9:30 pm**

**Instructor: Br. Charles J. Jackson, S.J.  
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| <b>Session 1:</b> | <b>Christian Spirituality: An Introduction<br/>The True Self<br/>Jesus of Nazareth: The Truest Self: A Reflection</b> | <b>January 4</b>  |
| <b>Session 2:</b> | <b>Origins of Christian Spirituality<br/>(including Benedict of Nursia and Francis of Assisi)</b>                     | <b>January 11</b> |
| <b>Session 3:</b> | <b>The Mystical Tradition<br/>(mysticism, <i>The Cloud of Unknowing</i>, Teresa of Avila, John of the Cross)</b>      | <b>January 18</b> |
| <b>Session 4:</b> | <b>Ignatius Loyola and Ignatian Spirituality</b>  | <b>January 25</b> |
| <b>Session 5:</b> | <b>Modern Christian Spirituality: Thomas Merton</b>   | <b>February 1</b> |
| <b>Session 6:</b> | <b>Modern Christian Spirituality: Pierre Teilhard de Chardin<br/>and <i>The Divine Milieu</i></b>                     | <b>February 8</b> |