

## Structure and Dynamics of the Spiritual Exercises: Assignment 1

George A. Aschenbrenner, *Stretched for Greater Glory*: 1-10, 35-63

1. What was Ignatius' intention in writing the *Spiritual Exercises* in a form that seems "more like a teacher's manual than a student's textbook"?
2. Why is a person's desire so important in making the Spiritual Exercises? What should she do to promote this desire?
3. What important role do the Preparation Weeks play in a person's experience of the Principal and Foundation?
4. What is the Principle and Foundation meant to achieve?
5. Ignatius says that "it is necessary to make ourselves indifferent to all created things." How can a person achieve that? What does Ignatius mean by "indifference"?
6. What is the logical connection between the Principal and Foundation and the meditations of the First Week?
7. Why do the First Week meditations on the three sins precede the meditations on personal sin? What are these meditations meant to achieve?
8. What is the First Week meant to achieve? How can a director assess if this has been achieved?