

**IGNATIAN DISCERNMENT (SP1-05)**  
**Election in Discernment**  
**May 24, 2018**

**Session 6**

- 7:00**      **Check-in and Gathering Prayer**
- 7:20**      **Three Layers of Emotion:** (Pierre Wolff: The Art of Choosing Well, pp.36-39)
- A Carmelite describes Ignatius' teaching:** (Ernest Larkin, O. Carm.)
- Mystical Discernment
- Affective Discernment
- Cognitive Discernment
- Ignatius of Loyola: 3 Times in which a decision can be made:**
- First Time (no doubt)
- Second Time (discerning interior movements)
- Third Time (reasoning)
- An Example of the "Second Time" in my life.**
- 8:15**      **Break**
- 8:25**      **PP Discernment Part 2: "Process"** (Sr. Cecilia Magladry, CSJ)
- 8:45**      **Faith Sharing:** share your written case study assignment in pairs.
- 9:00**      Making the Spiritual Exercises in Daily Life (SEDL) in Year 2  
              Those who are ready to enter Year 3
- 9:10**      **Handout:**  
              Models for Developing a Discerning Heart
- 9:15**      **Course Reflection**
- 9:25**      **Closing Blessing**