

IGNATIAN DISCERNMENT (SP1-05)
Spiritual Unfreedom & Disordered Attachments
May 3, 2018

Session 3

7:00 Gathering Prayer and Check-in

7:20 Review Assignments

In His Spirit, Chapter 2: Recognizing the Holy Spirit
(Unifier, Enlightener, Enabler)

What Do You Really Want? Chapter 2

Written: A personal experience when you noticed an inner movement...

7:30 Input: Good Spirit & Evil Spirit

Spiritual Orientations (Review of last week)

Rules 1-4

Examples of contrasting GS & ES

Two Spirits - Powerpoint - St. Augustine, Lucia and Carlo

8:15 Break

8:30 Input: Disordered Attachments & Affections

Ignatian Indifference

Principle and Foundation

9:00 Group Process: Faith Sharing

Share an insight on experience of disordered affections/attachments

9:20 Assignment

In His Spirit, Chapter 3. Question #2 on p. 76 (Prepare to share in group)

What Do You Really Want? Chapters 3-5 (Very important)

Handouts: Session 3

“Two Spirits” Text of PPT (Br. Charlie)

Foun. Concepts of Discernment, Attachments

Ignatian Prayers

Principle and Foundation

9:25 Pray the Prayer Adapted from the First Principle and Foundation