

INTRODUCTION TO IGNATIAN DISCERNMENT

Session 1, April 19, 2018

Opening Song: Touch My Life from Monica Brown: A Special Collection

Refrain: Reach into my heart; touch my life.
Deepen my sense of you, O God.
Help me to know your ways, to love you more truly.

Let us pray:

God of glory, we look to you alone, with total confidence.
We rely on you to guide us on our journey.
Send us your Holy Spirit,
the Spirit of wisdom and understanding to light our way.
Let our souls be channels of your love and grace.
May all we say and do proclaim to the world that Jesus lives
and is always with us,
even to the end of the age. **Amen.**

Psalm 16

Response: *Lord, you will show us the path of life.*

Keep me, O God, for in you I take refuge;
I say to the Lord, "My Lord are you."
O Lord, my allotted portion and my cup,
You it is who holds fast to my lot. **Response.**

I bless the Lord who counsels me;
even in the night my heart exhorts me.
I see the Lord ever before me;
With him at my right hand I shall not be disturbed. **Response.**

Therefore my heart is glad and my soul rejoices,
my body, too, abides in confidence;
because you will not abandon my soul to the netherworld,
nor will you suffer your faithful one to undergo corruption. **Response.**

You will show me the path to life,
abounding joy in your presence,
the delights at your right hand forever. **Response.**

Closing prayer:

Leader: God of goodness, you have journeyed with us today.

All: We pause to remember times and places where you were near.....

Leader: God of wisdom and understanding, you have inspired us today.

All: We recall a particular insight given today.....

Leader: God of tenderness and compassion, you fill our hearts with holy love.

All: We revisit a moment when we were moved to love and be loved this day.....

Leader: God of so many blessings, we thank you and praise you, for you are so good. **Amen.**

