

# SPIRITUAL EXERCISES IN DAILY LIFE

### DIRECTED BY LIS STAFF AND COLLABORATORS

Many programs offered by LIS or other groups give people only a partial experience or an initial taste of the Spiritual Exercises of Saint Ignatius of Loyola in large-group settings. You can experience the *full* Spiritual Exercises with an *individual* Spiritual Director who will accompany you through this profoundly transformative retreat experience over nine months.

Although the Ignatian Spiritual Exercises are traditionally done in silent seclusion for thirty days of prayer, they can also be made in one's daily life in what is called a "19<sup>th</sup> Annotation Retreat." LIS offers this retreat each year from September to June, in English, Spanish, Korean, or Chinese.

### The retreat requires:

- A sincere desire to deepen one's relationship with God through prayer.
- A commitment to pray with the Scriptures for 45-60 minutes daily.
- An entrance interview with the retreat program coordinator.

#### The retreat involves:

- Daily prayer with the Bible and special Ignation exercises for nine months.
- Weekly meetings for individual spiritual direction with one's personal director.
- Monthly sessions on Wednesday evenings for small-group faith sharing.

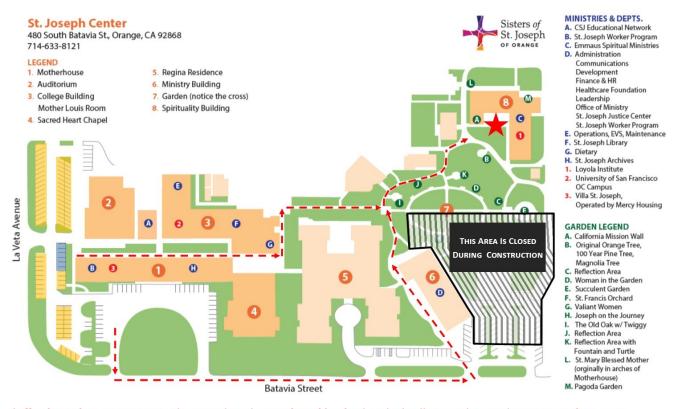
## Applications are now being accepted for the retreat beginning in September 2018.

**Cost:** A contribution of \$1000 to \$1500 is requested, payable in monthly or quarterly installments. (\$100 deposit required upon acceptance after a brief interview).

**To register**, please complete and submit the form on the back of this flyer or our website. **For more information**, please contact Br. Charles Jackson, S.J., at 714-997-9587, ext. 109 or email jackson@loyolainstitute.org

Loyola Institute for Spirituality

434 S. Batavia Street
Orange, CA 92868
714-997-9587
office@loyolainstitute.org
www.loyolainstitute.org



\*Effective February 26, 2018: Please park in the south parking lot (marked yellow on this map) or on Batavia Street. Follow the indicated pathways to get to the Spirituality Building.

REGISTRATION FORM		2018-2019 Spiritual Exercises in Daily Life		
Name				
Address				
City		State	ZIP	
Phone		Email		

I wish to register for The Spiritual Exercises in Daily Life, to begin in September 2018.

Application pending until interview and acceptance. \$100 deposit is due upon acceptance.

Please Return to:

Loyola Institute for Spirituality c/o: Br. Charles Jackson, S.J. 434 S. Batavia Street Orange, CA 92868