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THE IGNACIANO

Official Newsletter of the Loyola Institute for Spirituality

Letter from the Director

Dear Friends,

A few years ago, a good friend suggested I pray with the Principle and Foundation of the Spiritual Exercises of St. Ignatius of Loyola and I still find it to be timeless! Throughout the years, I've found the relational character of this affirmation quite consoling. Each time I read it, there's a different phrase, word or message that highlights the connectedness of God and creation and between all of us creatures!

During Lent I've been using different versions of the Principle and Foundation to pray. I've found the contemporary translations of Jacqueline Bergan and Marie Schwan, CSJ, David L. Fleming, SJ, and Kevin O'Brien, SJ to be thought-provoking and have even begun journaling about how my personal principle and foundation would read. I invite you to take a look at the various versions and see what resonates with you. Praying this Lenten season will inspire us all to be more self-aware and loving stewards of God's creation.

Peace,



Lori

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Associates Spotlight

JACK GONSALVES

Jack Gonsalves has had a long and enriching journey with Ignatian spirituality and the Loyola Institute for Spirituality. Due to a personal crisis, he decided to make a retreat at the Jesuit Retreat Center of Los Altos, where he first learned of LIS through his spiritual director. A 2004 graduate, Jack has partnered with staff and associates in a variety of ways over the past 18 years. He currently serves on the LIS Board of Directors and assists in a consultative manner with current programs.



Jack “learned early in life that having a spiritual companion was a necessity to navigating the ups and downs of life and remaining faithful to God and self.” What he loves most about companioning others is witnessing how God’s love and grace are at work in their lives.

Raised on a dairy farm in what is today Cerritos, California, Jack is now retired after having worked 36 years for the Community Development Department of the City of Lakewood. He and his wife Debi have two adult children, five grandchildren, two great grandchildren, and a beloved dog named Bella.

We at Loyola Institute are greatly appreciative to Jack for his many years of spiritual accompaniment to retreatants and fruitful collaboration in ministry with LIS.

Jack’s fun facts are as follows: His favorite saint is St. Francis of Assisi, and his favorite movie is Seabiscuit. The most recent book he read was *The Whole Language: The Power of Extravagant Tenderness* by Fr. Greg Boyle, S.J. His hobbies include playing guitar, singing, fishing and hanging out with family.

LIS Associates are graduates of the three-year Ignatian Spiritual Formation Program who regularly collaborate with LIS in varying capacities.

TERESA COSSIOS

Teresa Cossios is a Peruvian national who has lived in the U.S. for almost 30 years. She came to the Loyola Institute at the invitation of another student and discovered something she was looking for and began her journey into Ignatian spirituality. At that time, the formation program was a team, Equipo Latino Ignaciano, formed and led by Fr. Tacho Rivera, S.J., of which there were only two cohorts. What impacted Teresa the most was to see how the 1st generation literally accompanied the 2nd generation on their journey to graduation.



Since then, she has been a spiritual companion to others who, like her, are seeking an intimate relationship with God. She has also been part of a team that carried out the Challenge program in Spanish in several parishes and communities.

Teresa is now retired, yet she continues to offer her knowledge and wisdom to others, especially to new associates who are being empowered as they learn from one another. Her contribution to LIS is extraordinary and we are grateful for her collaboration. She describes her relationship with the LIS community in this way: "I am the Way, the Truth and the Life" (John 14:6). This biblical truth materialized when I joined LIS in 2003. My guides, my companions then and now, are the real image of a living God who has not stopped walking with me and teaching me. I continue to learn.

Lenten Reflection

Jesus, you live in each and every one of us. Regardless of how we are viewed in society. Pour out your Spirit in us so that distinctions of economic and social class, differences of race and religion no longer prejudice our responses. Let gracious and mutual receiving and giving become second nature to us. We pray with confidence in your transforming love. Amen.

Adapted from Daily Reflections for LENT, Not by Bread Alone, 2009

Congratulations!

Please join us in congratulating the following students: Lizzette de Leon, Mary Mantey, Lan Nguyen, Stephen Otto, and Maryanne Russell. They have persevered through the uncertainty and unprecedented times of the pandemic to complete the Ignatian Spiritual Formation Program this June. We are so proud of how they have remained centered. The determination and faithful pursuit of their goals is inspiring! Let us keep them in our prayers as they continue answering God's call throughout their faith journeys.

"Let gracious and mutual receiving and giving become second nature to us."





HEARTS ON FIRE



HEARTS ON FIRE AWARD

Yolanda S. Brown, D. Min.



WRITER'S AWARD IN SPIRITUALITY

America Media

Thursday, May 5th
5:00 p.m.

Summit House
2000 E Bastanchury Rd
Fullerton, CA 92835

LIS is excited to bring back our annual awards event and fundraiser. The celebration will take place in an outdoor venue with food and drink, live entertainment, silent and live auctions, and online opportunities to participate. New and exciting information will be available on our website as it develops. We look forward to seeing you there!

www.loyolainstitute.org/heartsonfire

Ignatian Corner

We are more than halfway through the Ignatian Year, a year-plus long celebration by the Society of Jesus and its many apostolic works meant to commemorate the 500th anniversary of the conversion of St. Ignatius of Loyola. It was inaugurated on May 20, 2021, the 500th anniversary of the Battle of Pamplona, where the Basque-born Spanish soldier, Iñigo López de Oñaz y Loyola, was struck by a cannonball – an event which sparked the beginning of his gradual conversion and transformation into the person now known as St. Ignatius. It will come to a close on July 31, 2022, the feast day of St. Ignatius. To learn more about the Ignatian Year, visit the special webpage created for it by the Jesuit Conference of Canada and the United States at <https://www.jesuits.org/spirituality/ignatian-year>.

Additional superb information may also be found on the official international website for the Ignatian Year, produced by the Jesuit General Curia in Rome, located at <https://ignatius500.global>.

