

IGNATIAN DISCERNMENT (SP1-05)
“A DISCERNING HEART”
Thursdays, April 19-May 24, 2018, 7:00 – 9:30 pm
Instructor: Sr. Jeanne Fallon, CSJ

This course explores the subject of discernment and its impact on the spiritual life and daily living. The introductory treatment of Ignatian Discernment entails examining the concepts of consolation and desolation, spiritual movements and counter-movements, and discerning our interior experiences. The major principles in Ignatian discernment will be explored.

Course Topics

- Session 1:** Introduction to Discernment
- Session 2:** Spiritual Movements
- Session 3:** Spiritual Unfreedom & Disordered Attachments
- Session 4:** Dealing with Desolation and Consolation
- Session 5:** Deception in Discernment
- Session 6:** Election in Discernment

Supplementary Materials:

In His Spirit by Richard J. Hauser, SJ

What Do You Really Want? by Jim Manney