

Loyola Institute for Spirituality
434 S. Batavia Street
Orange, CA 92868-3907
Ignatian Spiritual Formation Program
Year III – 2017-2018

SP3-04: Structure and Dynamics of the Spiritual Exercises
April 3 - May 8, 2018: 7:00 pm - 9:30 pm

Instructor: Br. Charles J. Jackson, S.J.
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Text: George A. Aschenbrenner, *Stretched for Greater Glory: What to Expect from the Spiritual Exercises* (Chicago: Loyola Press, 2004)

Session 1: Annotations / Preparation Weeks **April 3**
Lectio Divina: Overview
Assignment: read Aschenbrenner, 1-10, 35-63

Session 2: Discussion of Annotations and First Week **April 10**
Principle and Foundation and First Week
Review of Prayer / Repetition
Assignment: read Aschenbrenner, 65-86

Session 3: Discussion of the Call of the King and Second Week **April 17**
Call of the King and Second Week
Assignment: read Aschenbrenner, 87-116

Session 4: Discussion of Pre-Election Meditations and Election **April 24**
Pre-Election Meditations and Election
Assignment: read Aschenbrenner, 117-126

Session 5: Discussion of Third Week **May 1**
Third Week / Post-Graduate Ministries and Spiritual Growth
Developing a Retreat Talk
Assignment: read Aschenbrenner, 126-147

Session 6: Discussion of Fourth Week and Contemplation to Attain Divine Love **May 8**
Fourth Week and the Contemplation to Attain Divine Love
Evaluation